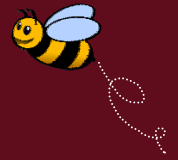


*The Health Fair Edition of the Benefit Buzz*

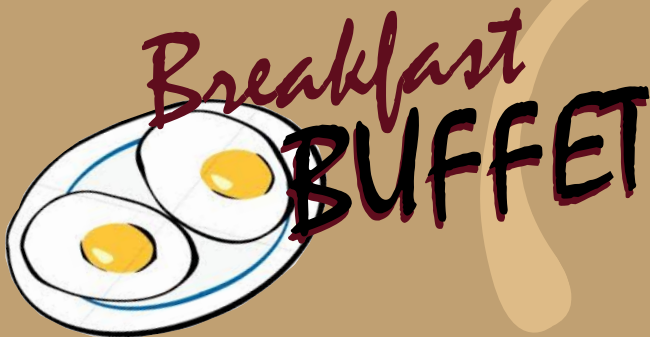
*Local 42 & 110 Laborers'*



# HEALTH FAIR

**Saturday, September 23rd  
7:00am-11:00am**

**Laborers' Local 110 Hall  
4532 S. Lindbergh Blvd.**



[www.stllaborers.com](http://www.stllaborers.com)

**I**t's that time of year again and we are excited about our 9th Annual Health Fair! For those of you that have never been, now is the time to take advantage of this great event.

This year, the fair will be held at Local 110's Hall. The fair is open from 7am to 11am, and all 42 and 110 members and their families are welcome to attend.

We will be offering a **FREE** health evaluation for eligible members and spouses, which is part of our wellness program that you have been hearing about. This year you can **EARN** a **BIGGER REWARD** than last year for participating. See the enclosed flyer for details! Remember, you can only participate in one wellness event per year, so if you already taken part in an event earlier this year and received your gift card, you cannot participate again.

We are also offering the **FREE** flu shots and mammograms again this year. The flu shots are available to our eligible members and their families. The mammograms are available to our eligible members and spouses, age 40 and over.

Remember to bring your insurance card if you would like to participate in the blood draw, flu shot or mammogram. Also, we encourage you to register in advance for the blood draw and mammogram to guarantee availability. If you have any questions call our office at 314-644-2777.



**W**e hope to see you and your family on September 23rd to take advantage of all these great services.

There will be **FREE...**

- Flu Shots
- Blood Draw Screenings
- Mammogram Screenings
- Lung Capacity Screenings
- Bone Density Screenings
- Hearing Tests for Adults
- Chair Massages
- Total Cholesterol Screenings
- Blood Glucose Screenings
- Blood Pressure Screenings

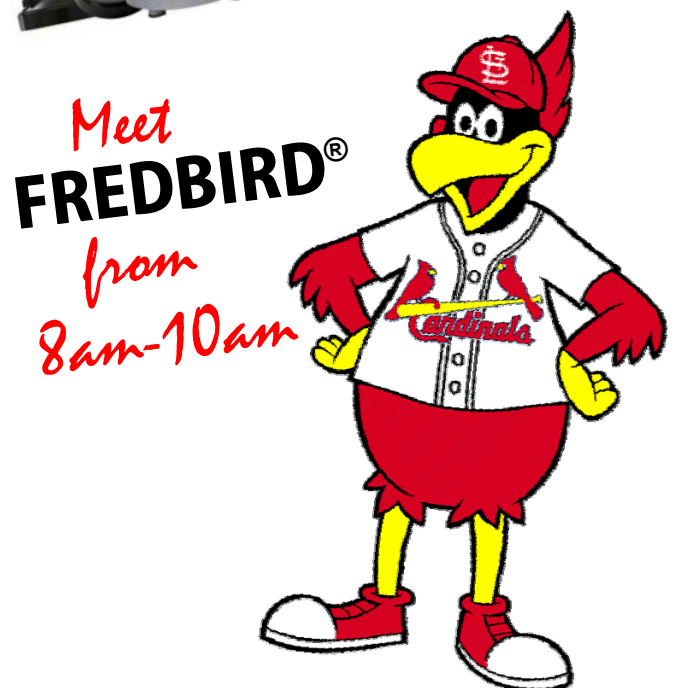
**Something for the Adults...**

- One Grand Prize for Each Local (Members Only)
- Hourly Prizes
- And so Much More!

**And the Kids too...**

- **FREDBIRD®**
- Prize Wheel
- Games

There will also be benefit representatives available to answer questions regarding your benefits.

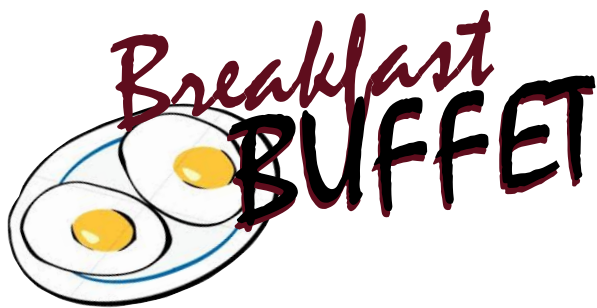


# LABORERS'

BENEFITS • ST. LOUIS

2357 59th Street  
St. Louis, MO 63110  
(314) 644-2777 (800) 489-0228  
Fax: (314) 646-4440  
www.stllaborers.com

<u>Office Hours</u>	<u>Phone Hours</u>
Monday-Friday	Monday-Friday
7:00 a.m.-4:30 p.m.	7:30 a.m.-4:30



## Local 42 & 110 Laborers' HEALTH FAIR

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