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Office Hours

Monday-Friday
 7:00 a.m.-4:30 p.m.

Phone Hours

Monday-Friday
 7:30 a.m.-4:30 p.m.

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BENEFIT BUZZ



AN OFFICIAL PUBLICATION OF THE ST. LOUIS LABORERS' BENEFIT OFFICE

JULY 2017 EDITION

Let's talk about your Prescription Benefits!

We have not talked about your Prescription Benefits in a long time, so we wanted to give you a refresher and answer any questions you may have.

One change you have probably heard about and will see on future insurance cards is the name of your prescription vendor. Catamaran has changed their name to OptumRx.

Your current ID card should have the Catamaran Logo on the bottom right hand side. This is the most current card and the one you should be providing to the pharmacy when you go to get your medication.

In the near future, the **Benefit Office** will be sending out new insurance cards to all of our membership. Your new ID card will show OptumRX in the bottom right hand side. Your prescription insurance will not change, just the vendor name and logo.

Now that we have that out of the way, let's talk about your prescriptions benefits.

Below shows your co-pay amounts when filling your prescriptions:

Retail Pharmacy

- 30 day (\$5 generic/\$25 brand name)
- 90 day (\$12.50 generic/\$62.50 brand name)

Mail Order

- 30 day (\$5 generic/\$25 brand name)
- 90 day (\$12.50 generic/\$62.50 brand name)

As you can see above, you are able to get both 30 and 90 day fills through mail order or at your local retail pharmacy. Just decide which option is easiest for you and you are good to go!

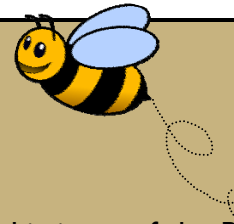
For Medicare Supplement Members

Your prescription vendor and benefits will depend on which Medicare Supplement Plan you elected.

You may contact the **Benefit Office** at 314-644-2777 ext. 2 with any questions you have!



PENSION BUZZ



There are two topics the **Benefit Office** would like to talk about in this issue of the Pension Buzz.

The first topic is regarding your annual pension summary. The Pension Department will be mailing your summary sometime in June. As always, if you have had a recent change, please contact the **Benefit Office** at 314-644-2777 ext. 2 so we can get your current address. We will mail a change request form to the new address for you to complete and sign.

Once you receive your pension summary, look over it carefully. Make sure the following information is correct:

- Name/Address
- Date of Birth
- Beneficiary Listed

In addition to the above information, look over the hours listed. If something looks like it is missing or wrong, please give us a call @ 314-644-2777 ext. 3.

The second topic we want to discuss is the next Town Hall Call. The call will be held on Tuesday, July 11th at 5p.m.

The call will discuss “Your Life as a Laborer” and will include information on:

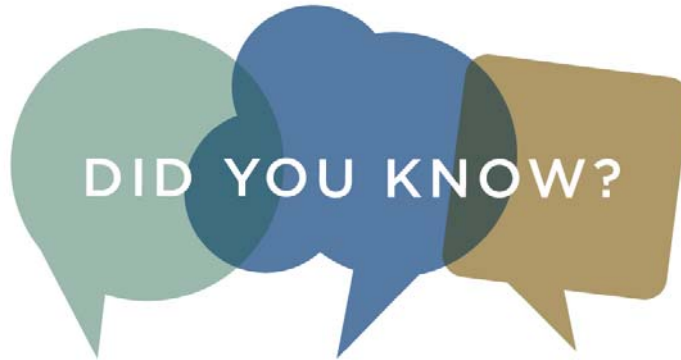
- Enrollment
- New member packets
- Transferring Hours
- Adding new dependents
- Self-Pay and COBRA
- Retirement
- Life Insurance



As you can tell, the call will pertain to all laborers. Whether you are a new laborer, have been a laborer for awhile, or a laborer looking to retire, this call is for you! Be sure the **Benefit Office** has your correct phone number and we look forward to you joining us for the Town Hall Call!

Look for your next Pension check to be mailed on **July 26, 2017**





- Injury/Illness forms are mailed to members or dependents when a medical claim is received that has a diagnosis that it could be related to an injury or illness. Once the completed form is received, claims will be reviewed and processed. Claims will remain denied until the form is received.
- If you get divorced, you may want to change your beneficiary and authorized representative(s). Call the **Benefit Office** if you need to make changes.
- Dependents over the age of 18 will be mailed an Adult Child Coordination of Benefits form each year in the members birth month. They must complete and sign the form themselves.
- Eligible members can get one routine eye exam as well as contacts **or** glasses each year.

The **Benefit Office** is here to help. Any questions or concern, please give us a call @ 314-644-2777 ext 2.

Insurance Coverage Quarters

How many hours do I need to be covered? This is a question we are often asked, so to better explain, here is an example. If you work 275 hours in the St. Louis jurisdiction during the months of September, October and November, you will have coverage beginning January 1. Any hours worked that are over 275 will be put in your bank and can be used towards the next quarter. You can only bank 275 hours.

QUALIFYING QUARTERS 275 HOURS*

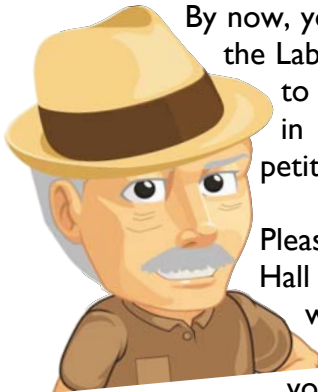


COVERAGE QUARTERS



*If you work outside of the St. Louis jurisdiction you may need more or less than 275 hours for eligibility.

Have you signed the Right to Work petition?



By now, you have heard about the Right to Work law that is sweeping through Missouri. Larry the Laborer wanted to take the time to let you know where you can go to sign the petition to get Right to Work on the 2018 ballot for voters. Keep in mind, you must be a registered voter to sign the petition.

Please take the time to go to your Local 42 or 110 Union Hall and sign the petition. If the petition is successful, it would put the right to work law scheduled to take effect August 28th on hold until Missouri residents get to vote on the measure in 2018.



This is very important to the future of our Labor Unions! In addition to signing the petition, don't forget to spread the word! Every signature is important!

Health Fair 2017 news!

The **Benefit Office** is in full planning mode for this year's Health Fair! Don't forget to mark those calendars! Details are below.

This year's Health Fair will be held on Saturday, September 23rd from 7am-11am. The fair will be held at Local 110's Union Hall and all members, spouses and children from Locals 42 & 110 are welcome to attend! There will be....

- Flu Shots
- Blood Draw Screenings
- Blood Pressure Screenings
- Hearing Tests
- Prizes
- Vision Screenings
- Chair Massages
- Giveaways
- Food
- New Vendors
- FREDBIRD®
- So much more!

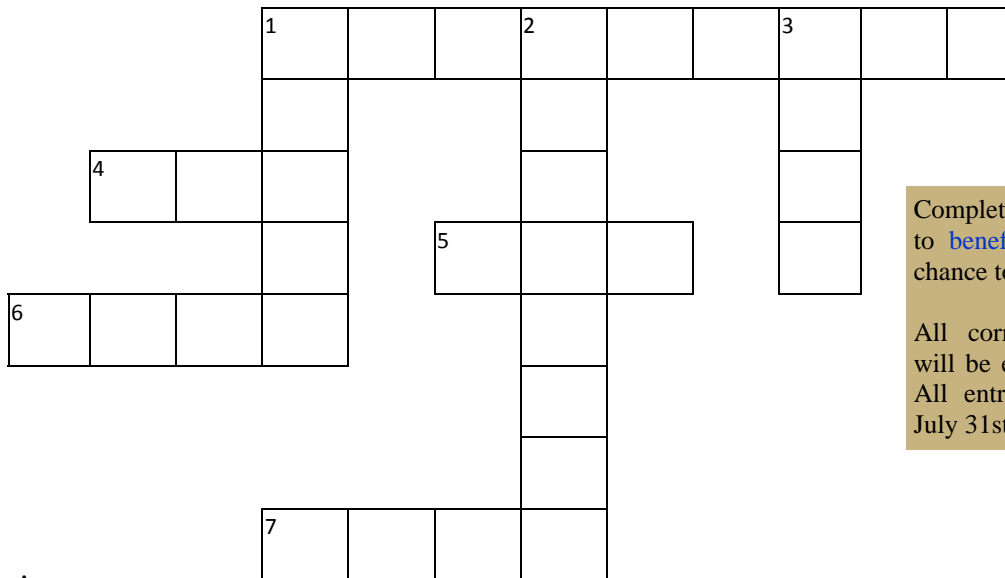
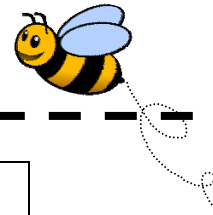
HEALTH FAIR 2017

Welcome 42 & 110 Laborers!

Saturday, September 23rd

7:00 am - 11:00 am

Enter to Win a Gift Card!



Complete puzzle and mail or email to benefits@stllaborers.com for a chance to win!

All correctly completed puzzles will be entered to win a gift card. All entries must be received by July 31st. Good Luck!



Across

1. What month will the Health Fair be held this year?
4. How many months can you do self-pay?
5. How many times per year can you get contacts?
6. What month are pension summaries mailed?
7. How many Medicare Supplement Plans does the Fund offer?

Down

1. How many in-network chiropractic visits do you get each year?
2. What kind of authorization form needs to be completed when working outside the St. Louis jurisdiction?
3. What is the Bee's name from the newsletter?



LABORERS'

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Ways to reach the Benefit Office

- Phone: 314-644-2777
- Email: benefits@stllaborers.com
- Website: stllaborers.com
- Facebook: Laborers' Benefit Office



July

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4 	5	6	7	8
9	10	11 Town Hall Call at 5p.m.	12 Local 110 Union Mtg. at 6:30 pm	13	14	15 July Hours Due
16	17	18	19	20	21	22
23	24	25	26 Local 42 Union Mtg. at 6:30 pm \$ Pensioner Payday	27	28	29
30	31 Self Pay Due					

This newsletter is a brief summary of your benefits. The Plan Document has final authority in the case of any conflicts or confusion as to Plan benefits.